## Tips for happy and healthy pets

Across the world, we are uniting to deal with the COVID-19 outbreak.

This means a lot more time spent at home and while an essential measure, let's not forget the impact this has on our health and happiness, and our pets' as well.

## Consider your **pet's perspective**:

Days used to be calm and quiet, with lots of naps scheduled in. But now people are around all day long, disturbing the peace with conference calls and other activities (and making it more tempting to play rather than sleep).

Plus, your pet can sense how you feel—so, they're probably picking up on your heightened levels of anxiety, too.

Here are some ideas to keep your pets healthy, happy and entertained in and around your home.



























































